

# MINERVA

## A bruised finger

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before. The only premonitory symptom was a mild sensation of pruritus, after which the finger showed signs of bruising, with complete resolution within 48-72 hours. Paroxysmal finger haematoma or Achenbach's syndrome is a rare self limiting condition of unknown cause. Haematological and radiological investigations are often normal so it is diagnosed on clinical grounds. The condition remits spontaneously, and no specific treatment is needed. Recognition of this entity should prevent extensive unnecessary investigations.

Patient consent obtained.

Cite this as: *BMJ* 2014;349:g6339

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A 50 year old nurse presented with spontaneous bruising on her left ring finger. This was painless and had occurred several times